

“This book is exceptional and I will certainly be drawing attention to it amongst my colleagues in senior management. To have such beautifully illustrated books that carry an important message is so important with young children and the range of support material is very impressive. I very much look forward to the next in the series.”

- Alison Drew, Ex-Head Teacher

“This storybook has been designed to encourage pupils up to the age of 8, to talk about their anxieties. It is based upon the character of Winston the Blue whale, who although appearing to the world to be big and brave is actually worried about many things happening in his life. The story content is reinforced by attractive illustrations that promote discussion and help to raise issues that otherwise children might think only apply to them. A useful book for all Early Years and Primary settings and of particular value to mentors, counsellors and groups aimed at promoting emotional well-being.”

- Carol Smart, SNIP

www.snip-newsletter.co.uk

“Winston the Worried Whale storybook and the accompanying resources are thorough and sensitively written. Winston’s worries are worries common to many young children – being nervous about trying new things and not being good enough at doing things, but mainly the worry about making friends. This is a delightful storybook to return to many times, always with something new to talk about and I can see this story becoming a favourite with young children.”

- Christine Sadler, Primary Teacher, Reviewed for Special Magazine, NASEN

“What a lovely way to read *and* support children. I love the illustrations that express Winston’s anxiety, showing children that how they *look* and *feel* are very different. Primary school years are tough, when children are learning not only the ABC’s but also about socialising, taking part in new activities and discovering what they are good at or not, as we can’t all be good at everything. This book helps to gently and supportively highlight these issues. I love it!”

- Debbie Bird, Parenting Editor

“I loved Winston the Worried Whale! It’s beautifully written and illustrated, and would think be very comforting for an anxious child. A gentle and reassuring book.”

- Caroline Egar, Programme Director, Partnership for Children

www.partnershipforchildren.org.uk

“The character, Winston, learns - through talking about his worries - how to get support and deal with them. In my experience this is a subject many children can relate to with changes that happen.”

- Dea Threader, Teaching Assistant, Wyvern School

“Very few storybooks deal directly with understanding emotions in a non-abstract way, which is why I think this book is particularly useful for autistic kids, like my son.”

- R. Dawe, Parent.

"This lovely, beautifully illustrated story allowed me to discuss with my daughter her worries about starting school and watch her go from worried to excited. It was great to address these issues naturally after reading the book!"

- ***Vicky Ritche***, Parent

"Not only a reassuring read for kids, 'Winston the Worried Whale' is going to have a whole heap of neurotic adults breathing easy again too. It's a comforting, captivating tale."

- ***Sarah Henshaw***, www.thebookbarge.com

"A great story for any little worriers in your Key Stage 1 class."

- ***Laura Farnworth***, *Waterhall Primary School*

"Winston the Worried Whale is a lovely story with a serious message: Everyone has worries and it can be very hard to put these feelings into words. I thought the story illustrated this problem very well, providing a solution and I can certainly see this book being popular with children visiting libraries."

- ***Susan McKay***, *Early Years Librarian, Aberdeenshire Libraries*